



# Weston Village Primary School

## PSHE, RSE and Citizenship Curriculum Map

	Relationships	Relationships	Living in the Wider World	Living in the Wider World	Health and Wellbeing	Health and Wellbeing
Year 1 and 2 (cycle A)	<b>TEAM</b> - Children learn about the importance of being kind to others, the effects of bullying and teasing and what to do about it if they see it happening, or it happens to them. They will also think about effective learning skills and how to identify good and not-so-good choices.	<b>Be Yourself</b> - Children are encouraged to recognise different emotions and explore different strategies to help them manage any uncomfortable feelings they experience. They will learn about how big life changes impact on feelings and emotions and explore the importance of sharing their thoughts and feelings.	<b>Money Matters</b> - Children will discuss the idea of spending and saving their money and begin to understand why it is important to keep belongings, including money, safe. They will also learn about the different things on offer when they go shopping and how we need to identify the difference between what we want and what we need.	<b>Britain</b> - Children will identify that they belong to various groups and communities and ways in which they contribute positively to these. In this unit, children learn about community, being good neighbours and looking after the environment. They will also learn about Britain, what it means to be British, about diversity and the importance of celebrating and being respectful of our differences.	<b>It's My Body</b> - Children can make safer choices: their body, sleep and exercise, diet and cleanliness. Children will learn facts about each of these areas and learn strategies to manage them. The message of choice and consent runs through the unit and children are encouraged to get help from trusted adults when necessary.	<b>Aiming High</b> - Children will discuss positive views of themselves and will then identify how having a positive learning attitude can help them tackle and achieve new learning challenges and improve learning outcomes. There will also be a focus on aspirations for the future, different jobs and roles and in doing this, some of the difficulties faced by stereotyping will be explored.
Year 1 and 2 (cycle B)	<b>Growing Up</b> - Children will learn about their own and others' bodies, looking at similarities and differences in people and learning about gender stereotypes. They will	<b>VIPs</b> - (Very Important Persons) Children will identify what makes someone a special person in their life and who these are. They are also encouraged to explore why families	<b>Respecting Rights</b> - Children will explore the concepts of difference and fairness and be encouraged to reflect on how we should behave towards those who are	<b>One World</b> - Children will explore their own family life, home and school and compare these to children's family life, homes and school from around the world which are different from their	<b>Think Positive</b> - Children will recognise, talk about and accept their feelings, both positive and negative, as well as how to manage certain emotions. They will explore	<b>Safety First</b> - Children will learn about everyday dangers, in the home and outside and how they can keep themselves safe. Children will also learn about the Internet and how to



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	<p>also learn about respecting their own and others' bodies, keeping their bodies safe and sharing their feelings in response to life experiences.</p>	<p>and friendships are important and understand there are things they can do to resolve differences and build healthy and positive relationships within them. The children will also be taught the importance of cooperation and how to show the special people in their lives that they care and the positive impact of doing this.</p>	<p>different from us and why it is important to be fair. They will also learn about who helps us to protect our rights and what we can do if we don't feel safe. They will also reflect on how they can take part in the school community and why it is good to do what we can to make a positive difference.</p>	<p>own. The children will also learn about the relationship between people and their environment and how this affects their way of life. They will also learn about how people use the earth's resources and the importance of protecting the earth for ourselves and future generations and how we can work together to do this.</p>	<p>themes of thinking positively and calmly, making good decisions and developing resilience. They will also explore the positive feelings associated with being thankful, grateful and mindful.</p>	<p>stay safe online. They will be taught about the Underwear Rule, which includes information about appropriate and inappropriate touching and knowing that what is inside their underwear is private. Children will also learn about people who help them and how to get help when needed, as well as their growing responsibility for their own safety.</p>
Year 3	<p><b>TEAM</b> - Children will identify the impact their actions have on the team they are working in. They will learn about successful teamwork skills, being considerate of others in the team and how to positively resolve any conflicts that occur. They will also</p>	<p><b>Be Yourself</b> - Children will explore their strengths and achievements, how to express their thoughts and feelings respectfully and how to be assertive when in uncomfortable situations. The children will also have an opportunity to explore the influence</p>	<p><b>Money Matters</b> - Children will discuss how we spend money, why people might need to borrow money and the consequences of this. Children will begin to discuss the difference between things we want, things we need and how to prioritise our spending.</p>	<p><b>Britain</b> - Children will learn about British people, rules, the law, liberty and what living in a democracy means. They will also learn about the importance of being tolerant of differences within their society.</p>	<p><b>It's My Body</b> - Children will explore the choices they can make about looking after their bodies. They will look at making safer choices about their bodies, sleep and exercise, diet, cleanliness and substances. Children will learn facts about each of these areas</p>	<p><b>Aiming High</b> - Children will identify ways of applying a growth mindset to new challenges and learn about the importance of resilience. Children will share aspirations for the future, with regard to employment and</p>



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	<p>learn about their individual responsibilities towards teams they work in and how new starts, such as starting a new school year, may feel and how they can support each other in this.</p>	<p>of the media in how we view ourselves and analyse the reality of these messages. They will also explore how to make things right when we make mistakes and the importance of learning from these mistakes.</p>	<p>Through this unit of learning, children will also consider what influences their spending and how we can keep track of what we spend.</p>		<p>and learn strategies on how to manage them. Children will be encouraged to get help from trusted adults when necessary.</p>	<p>personal goals, and through this learning they will consider different jobs and roles. Children will also have the opportunity to think further about the specific skills they might wish to develop in order to achieve their short, mid and long-term goals.</p>
Year 4	<p><b>Growing Up</b> - Children will learn about their own and others' bodies and how male and female bodies play a part in human reproduction. They will also learn about different relationships and family structures.</p>	<p><b>VIPs</b> - (Very Important Persons) Children will look at friendships, how friendships are formed and maintained, and the qualities of a good friend. They will then move on to explore disputes and bullying and will address strategies for coping with each of these.</p>	<p><b>Respecting Rights</b> - Children will learn that no one should take away their rights and they will explore the ideas of equality and discrimination and the consequences of both. Children will learn about how they can make choices and take actions that respect the rights of others and challenge stereotypes. They will also learn about rules</p>	<p><b>One World</b> - Children will look at a case study of a fictional girl who lives in Malawi and they will explore different aspects of her life. Children will see how people's life experiences and opportunities differ throughout the world and that our actions can have both positive and harmful effects on people living in different</p>	<p><b>Think Positive</b> - Children will build on what they have already learnt about feelings, both positive and negative and how our attitude towards life can affect our mental health. They will explore themes such as thinking positively and calmly, managing difficult emotions, taking responsibility for decisions and developing a growth</p>	<p><b>Safety First</b> - Children will consider what it means to take responsibility for their own safety. This will include the decisions they make and how they can stand up to peer pressure in a range of situations. They will learn about everyday risks, hazards and dangers and what to do in risky or dangerous situations. They will also learn</p>



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			– why we have them and how they help us.	countries. Children will explore the concepts of inequality and stereotypes and be encouraged to reflect on what they can do to help make the world a fairer place. Children will also learn about climate change and its effects, fair trading practices and organisations which help people. They will learn about how to be a good global citizen as well.	mindset approach to learning.	about road safety and dangerous substances; drugs (including medicines), cigarettes and alcohol. Children will look at e-Safety, considering what should never be shared and how to report any concerns about online incidents.
Year 5	<b>TEAM</b> – Children will consider the key qualities and skills needed for a team to be successful. They will explore what collaborative learning is and learn how to compromise to ensure a group task is completed successfully. They will address the importance of caring	<b>Be Yourself</b> - Children will focus on the importance of recognising situations where they need to make positive choices in order to do the right thing. They will also explore how to avoid being led into tricky situations and how to recognise and respond to peer pressure. Children	<b>Money Matters</b> - Children will think about how money is used in the wider world. They will discuss the possible consequences of taking financial risks and identify ways to avoid these. Children will also learn about influences advertisers try to use to encourage us to	<b>Britain</b> - Children will identify how they can make a positive contribution to the community. They will learn about the law and the consequences of not respecting it. They will also learn about the workings of local and national government and the role of charities and	<b>It's My Body</b> - Children will learn about how to take care of their bodies. This will involve learning about consent and autonomy, learning about body image and stereotypes and learning about substances which are harmful to our bodies. Children will	<b>Aiming High</b> – Children will discuss achievements they have accomplished so far and the type of attitude that helps us succeed. They will also learn about their own personal preferred learning styles, to understand how they learn best. Children will look at challenges people



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	for team members and the shared responsibilities a team has.	will look at how to be confident and how to manage uncomfortable feelings. Children will also investigate how to make things right when they make a mistake.	spend our money and how to see the real value of products by being critical consumers. Children will learn about budgeting and discuss what happens if people cannot afford what they need to buy. Children will also have the opportunity to discuss how our earning and spending can contribute to society through the payment of tax.	voluntary groups in British society.	also learn about the importance of sleep and keeping clean, especially as their bodies change during puberty. Children will be encouraged to consider the choices they have and learn about the support that is available to them.	face and barriers to success, then think about strategies we can use to overcome such obstacles. They will identify opportunities that are available to them now and those which may be available to them in the future.
Year 6	<b>Growing Up</b> - The children will build on their knowledge of how we grow and change, both physically and emotionally and the types of relationships that people have. They will learn about sexual relationships. They will also learn about positive body images and stereotypes.	<b>VIPs</b> - (Very Important Persons) Children will identify who their VIPs are within their families and friendship groups and how important kindness and respect are within these relationships. Children will explore how to address conflicts and resolutions in relationships. They	<b>Respecting Rights</b> – Children will learn that no one can take away their rights. They will explore the ideas of equality and discrimination and the consequences of both. Children will learn about how they can make choices and take actions which respect the rights of others. They will also learn about human	<b>One World</b> - Children will learn that we all have a responsibility to help the environment and all living things throughout the world through the choices we make. Children will explore the ideas of sustainability, the use of earth's natural resources and the harmful effects of global warming.	<b>Think Positive</b> – Children will be encouraged to further develop their understanding about thoughts and emotions, both positive and negative. Children will explore themes such as: the links between our thoughts, feelings and emotions; making good choices; mindfulness and	<b>Safety First</b> - Children will consider what it means to take responsibility for their own safety. They will assess the risk associated with different situations and learn about what to do if they feel in danger. They will also learn about how to identify an emergency, what to do in this situation



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		will also look at the secrets and dares as well as healthy and unhealthy relationships.	rights activists and how they work to make the world a better place.	Children will learn about the steps they can take to reduce these harmful effects. They will also learn about biodiversity and its importance and explore what they would like to do to make the world a better place.	applying a growth mindset approach to life.	and how to get help when needed. Children will look at e-Safety in detail, including social media, considering what should never be shared and how to report any concerns with incidents online.
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